

Open Arms Drop-In Center

Activity Calendar



May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1 B-Fit "Counting My Blessings"	2 B-Fit Exercise Diana Library	3 B-Fit Exercise Oral Hygiene	4 B-Fit Exercise "Do You Manage Time or Does Time Manage You?"	5 Healthy Living Movie
8 B-Fit Medication Management	9 B-Fit Exercise Diana Library	10 B-Fit Exercise "Your Body Can Talk"	11 B-Fit Exercise "Anxiety and Coping"	12 Healthy Living Card Games
15 B-Fit Exercise "Trust"	16 CENTER CLOSED Going to VBH Recovery Conference at the Fairgrounds	17 B-Fit Exercise "The Just Right Challenge"	18 B-Fit Exercise "Money Management"	19 Healthy Living Games Adult Coloring
22 B-Fit Exercise "Buying Happiness"	23 B-Fit Exercise Diana Library	24 B-Fit Exercise Personal Hygiene Talking about Word Search	25 B-Fit Exercise Create a Friend	26 Healthy Living Karaoke
29 Closed Memorial Day	30 B-Fit Exercise Diana Library	31 B-Fit Exercise Self-Esteem		
				