

# January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 CLOSED	2 Mental Health Disorders			
		8 Positive Thinking	9 Self-improvement			
		15 CSP Meeting & Entertainment	16 Medical & Effects of Smoking			
		22 Money Management	23 Healthy Relationships			
		29 Stress Management	30 Movie & Game Day		Notes:	